



PSYKOSYNTE  
föreningen

# The Seven Types in Counselling

**A workshop for counsellors exploring how to apply psychosynthesis typology with clients.**

**June 24-26, Mullsjö, Sweden**

Understanding a client's unique existential situation is one of the primary goals of psychosynthesis counselling. This is challenging because every client is different and must be approached in a unique way – their background, social situation, values, needs and psychological constitution must all be explored and understood to help resolve their presenting issues.

To help us to empathise more fully with our clients, we have a powerful tool in psychosynthesis typology. Understanding our clients' particular types – their personality type and soul type (we each have both) – will help us to identify their essential qualities, even when they are very different from ourselves, so that we might be of greater service.

This workshop will show you how to discern a client's personality type and soul type based on Roberto Assagioli's model of the Seven Types. As part of this investigation, you will have the chance to reflect on your own personality and soul types via theory, exercises and meditations.

The workshop will also explore the seven counselling strategies and styles – because we can benefit our clients by adapting our counselling style to suit the different types.

All exercises offered during the workshop can be used in the therapy room to help develop the potential inherent in each of the psychological types.

Presenting the workshop is Kenneth Sørensen, who will be drawing from his book *The Seven Types* and his online typology test, which can be completed at [www.JivaYou.com](http://www.JivaYou.com) (When you sign up for the workshop you will receive a 30% discount for taking the online test.)

Kenneth Sørensen has a Master's Degree in Psychosynthesis from the University of East London. He is a psychotherapist and astrologer, and the author of six books, including *The Soul of Psychosynthesis* (2016), *Integral Meditation* (2017) and *The Seven Types* (2019). He is a former director of training at the Norwegian Institute of Psychosynthesis.



Kenneth's website [www.kennethsorensen.dk](http://www.kennethsorensen.dk) offers more than 100 articles in English on the topics of psychosynthesis and the Seven Types. He is the CEO of [www.jivayou.com](http://www.jivayou.com), which offers online identity profiles based on Roberto Assagioli's theory of the seven psychological types.

#### Målgrupp

Diplomerade psykosyntesterapeuter som är medlemmar i Psykosyntesföreningen.

#### Kursdatum och tider

Onsdag 24 juni kl. 13 - fredag 26 juni kl. 16.

Kursen kommer att hållas på vackert belägna Hotell Mullsjö, 25km från Jönköping.

#### Kostnad

Kursavgift: SEK 3 800/deltagare

Kostnad för hotell och logi tillkommer och betalas direkt till hotellet.

Del i dubbelrum inklusive logi 1200 kr inklusive moms, per natt, per person.

#### Anmälan

Skicka mail till [info@psykosyntesforeningen.se](mailto:info@psykosyntesforeningen.se)

Ange datum för ankomst och avresa samt om du önskar bo i enkelrum eller dubbelrum. Observera att enkelrum inte kan garanteras.

Anmäl dig gärna så snart som möjligt för att vara garanterad plats! Sista anmälningsdag är 1 juni 2020. Anmälan är bindande

Kursen kommer att hållas på engelska.